

Bridgeport Food Resource Guide

Food Pantries

Please bring ID

Blessed Sacrament Church

Thursdays 7:30am-10:00am 275 Union Ave.

Closed first Thursday of the month

Faith Outreach Church

Saturdays 11:45am-2:00pm 32 Bond St.

Open every 2nd & 4th Saturday of the month

Thomas Merton House

Tuesday-Thursday 1406 State St. Registration: Mondays, 10:00am-1:00pm Call (203) 367-9036

Veteran's Affairs

Tuesdays, 10:00am-2:00pm Wednesdays, noon-4:00pm 20 Thorme St

Veterans only

Call 203-576-8348

Bishop Jean Williams

Tuesdays, 10:00am-2:00pm Wednesdays, Noon-4:00pm Thursdays, 1:00pm-6:00pm 3160 Park Ave **Appointment required**

Call (203) 873-0260

East End Food Bank

Thursdays
10:00am-noon
1290 Stratford Ave
No distribution on the
first Thursday of the
month

Black Rock (For Residents of 06605)

Saturdays 9:00am–11:00am 2676 Fairfield Ave.

Bridgeport Tabernacle Seventh-Day Adventist

Wednesdays Noon-1:30pm 717 Clinton Ave.

Calvary Seventh-Day Adventist

Sundays, Noon-1:00pm Thursdays, 3:30pm-6:00pm 827 Trumbull Ave.



Feed the People

Tuesdays 5:00pm-6:00pm 301 Bostwick Ave.

Bring photo ID + bag

Bridgeport Islamic Community Center

Sundays 11:00am – 2:00pm 703 State St.

Iglesia Misionera El Olivar

Wednesdays 10:00am-noon 510 Summit St.

Feed My Sheep

Wednesdays 10:00am-noon 2771 North Ave.

Nourish Bridgeport

Wednesdays 2:00pm-6:00pm 2200 North Ave.

Appointment required

Call 203- 335-3107

Bethel Memorial Deliverance Church

Saturdays 10:30am-noon 1242 State St. Clothing also available

Deliverance Church Saturdays

Wednesdays 6:00pm-7:00pm 980 Sylvan Ave.

10:00am-noon

1:00pm-3:00pm

Spanish Seventh-Day

Adventist Church

725 Park Ave.

St. John's Family Center

Saturdays 9:00am-noon 1067 Park Ave. Closed first Saturday of the month

Fridgeport Community Refrigerator

Open 24/7 219 James St.

Refuge Temple Church of God

Bridgeport Rescue Mission

Monday, Wednesday, Friday

Once **monthly** on Saturday Call 203-373-0622 for hours and to register 3050 Main St.

King's Pantry

Monday-Friday 11:00am-1:30pm 30 Florence St.



Additional Resources

uwc.211ct.org/categorysearch/food www.ctfoodshare.org/find-help

SNAP/EBT, WIC & Senior Checks, Farmer's Market Checks, and Bridgeport Bucks accepted! SNAP benefits will be matched at all locations (\$1 = \$2)!

Cash, Credit & Debit also accepted

Farmers Markets

Coordinated by Bridgeport Farmers Market Collaborative

St. Vincent's Farm Stand

Tuesdays: 11:30am-4:00pm 2800 Main St.

East Side Farmers Market

Wednesdays: 10:00am-2:00pm 752 East Main St.

Downtown Farmers Market

Thursdays: 10:30am-2:00pm McLevy Green (corner of Main & Bank streets)

Farm Stand @ Bridgeport Hospital

Thursdays: 3:30pm-5:30pm 200 Mill Hill Ave.

Alliance Farmers Market

Fridays: 12:00pm-4:00pm 1151 Park Ave.

Reservoir Farmers Market

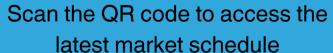
Saturdays: 10:00am-2:00pm 1469 Reservoir Ave.

East End NRZ Market & Cafe

Sundays: 9:00am-3:00pm 1851 Stratford Ave.

Stratfield Sunday Market

4th Sunday of the month 12:00pm-3:00pm 2200 North Ave.





*All markets follow a seasonal schedule, typically running from July to October, with a few exceptions.

Food Distributions

In partnership with CT Foodshare, these sites distribute food every other week.

Visit <u>ctfoodshare.org/find-help</u> or text FOODSHARE to 85511 to receive schedule updates for your area.

Scan the QR code to visit the HIA Linktree for more information.



Bridgeport Hospital

200 Mill Hill Ave., Bridgeport

Park City Initiative

910 Fairfield Ave., Bridgeport

King's Pantry

30 Florence St., Bridgeport

Claytor Magnet Academy/ PT Barnum Housing
467 Bird St., Bridgeport

4500 Main St., Bridgeport

St. Vincent's Medical Center

Holy Name of Jesus Church

1950 Barnum Ave., Stratford

Kingdom Life Christian Church

1455 Naugatuck Ave., Milford

Soup Kitchens

Bridgeport Tabernacle Seventh-Day Adventist

Sundays 11:30am-2:00pm 717 Clinton Ave.

Closed first Sunday of the month

St. John's Family Center

Tuesdays 5:00pm-6:00 pm 1067 Park Ave.

Thomas Merton House

Monday-Friday

Breakfast: 9:00am-10:00am

Lunch: 11:30am-1:00pm

1406 State St.

Golden Hill United Methodist Church

Wednesdays 5:00pm-6:00pm 210 Elm St.

Bridgeport Islamic Community Center

Sundays 11:00am-2:00 pm 703 State St.



Follow us on social media for updates!





